Press Release

ADF Group Announces Results in Line With Its Expectations
For its First Quarter of Fiscal 2010

Highlights of the Quarter Ended April 30, 2009:

> Gross margin of 32% of revenues (compared with 28% last year), EBITDA margin of 24.4% (compared with 23.5%) and net earnings of 13% of revenues (13% last year);

> Revenues of $16.8 million compared with $25.2 million last year;

> Net earnings of $2.2 million or $0.06 per share (basic and diluted), compared with $3.2 million or $0.09 per share (basic and diluted) the year before;

> Available liquidities (comprised of cash, cash equivalents and short-term investments) of $22.8 million as at April 30, 2009, exceeding by almost $14 million its long-term debt including the current portion;

> Order backlog totalling $90 million as at April 30,2009, excluding the new contract now totalling $22 million awarded during the second quarter.

Terrebonne, Quebec, June 9, 2009

For the three-month period ended April 30, 2009, despite a decrease in its revenues, **ADF GROUP INC**. ("ADF" or the "Corporation") (TSX: DRX) noticeably increased its gross margin and earnings before interest, taxes, depreciation and amortization (EBITDA) as a percentage of revenues. Gross margin and EBITDA respectively reached $5.4 million or 32% of revenues, and $4.1 million or 24.4% of revenues, compared with $7.1 million or 28% of revenues, and $5.9 million or 23.5% of revenues respectively for the same period last year.

As expected, this improvement in the gross margins reflects notably the greater proportion in the revenue mix for the first quarter of 2010 of contracts consisting exclusively of in-plant labour hours — ADF's main area of expertise and source of added value — whereas revenues for the same quarter last year included a relatively larger proportion of contracts which also included the supply of steel, connection design and engineering and installation services. However, as expected, the same factor together with the general economic context contributed to lower quarterly revenues, which amounted to $16.8 million compared with $25.2 million during the same quarter last year.

For their part, despite a higher effective income tax rate, which increased from 37.2% to 43.8% between the comparative periods, net earnings as a percentage of revenues reached a significant 13%, compared with 13% for the same quarter of the previous year. ADF closed the quarter with net earnings of $2.2 million or $0.06 per share (basic and diluted), compared with $3.2 million or $0.09 per share (basic and diluted) for the first quarter last year, taking into account the decrease in revenues, increase in amortization expense and an higher effective income tax rate. As at April 30, 2009, ADF Group continued to benefit from a solid financial position, marked, notably, by cash, cash equivalents and short-term investments of $22.8 million — exceeding by almost $14 million its long-term debt including the current portion — and shareholders' equity of $86.7 million.

In May 2009, ADF Group was awarded a major contract now totalling $22 million, which includes the fabrication, the supply of steel and the delivery of the steel structure of a significant portion of an office tower to be built in the Northeastern United States. This new large-scale contract adds to the Corporation's order backlog which stood at $90 million as at April 30, 2009, and which consisted of 82% of fabrication hours, compared with $148 million on the same date a year earlier. Taking into account the latest $22 million contract, the order backlog in hand will be progressively executed over a period of 14 months.

Shares Redemption

Since the implementation of the normal course issuer bid program on April 14,2009, the Corporation has redeemed 289,300 subordinate voting shares for a net consideration of $0.7 million, representing an average price of $2.24 per share.

Outlook

In May 2009, ADF Group has taken steps to comply with the nuclear system requirements in effect in America in order to be able to participate in the fabrication of steel structures for nuclear power plants in North America and abroad. The Corporation is confident it will achieve the sought qualification by the end of 2009. Access to this new market represents promising potential for ADF given, among others, the number of nuclear power plants in operation in North America, which will likely be the focus of major upgrading work over the coming years to extend their useful life cycle.

"We look to the future with confidence and we keep firmly focused on our long-term sustainable value-creating strategy, based on our selective positioning in market niches highly specialized and less subject to the cyclic fluctuations, focus on value-added fabrication activities, targeted and sustained investments in the modernity and the capacity of our infrastructures, and the quality of our personnel; and disciplined management of our activities, resources and capital structure", adds **Mr. Jean Paschini**, Chairman of the Board and Chief Executive Officer.

Annual General Meeting of Shareholders

The Annual General Meeting of Shareholders of ADF Group Inc. will be held on Tuesday, June 9, 2009, at 11:00 am at the Omni Mont-Royal Hotel in Montreal.

About ADF

ADF Group Inc. is a North American leader in the design, engineering, fabrication and selective installation in the non-residential construction industry of complex steel structures, heavy built-ups, as well as in miscellaneous and architectural metals. ADF is one of the few players in the industry capable of handling highly technically complex mega projects on fast-track schedules in the commercial, institutional, industrial and public sectors.

Forward-Looking Information

This press release contains forward-looking statements reflecting ADF objectives and expectations. These statements are identified by the use of verbs such as "expect" as well as by the use of future or conditional tenses. By their very nature these types of statements involve risks and uncertainty. Consequently, reality may differ from ADF's expectations.

All amounts are in Canadian dollars.

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Source: **ADF Group Inc.**

Contact: **Jean Paschini**, Chairman of the Board and Chief Executive Officer
Louis Potvin, Chief Financial Officer
Telephone: (450) 965-1911 / 1 (800) 263-7560
Web Site: www.adfgroup.com

Media:

Caroline Couillard
Morin Relations Publiques
Tel.: (514) 289-8688, ext. 233

CONFERENCE CALL WITH INVESTORS:

TO DISCUSS ADF GROUP'S RESULTS

FOR THE THREE-MONTH PERIOD ENDED APRIL 30, 2009

Tuesday, June 9, 2009 at 10:00 am (Montreal time)

To participate in the conference call, please dial **1-800-732-9303**.
To ensure you can participate, please dial a few minutes before the start of call.

For those unable to participate, a taped rebroadcast will be available from Tuesday, June 9, 2009 at noon until 11:59 p.m. Tuesday, June 16, 2009, by dialing **1-877-289-8525**; **access code 21307311 #.**

The conference call will be simultaneously webcast at www.adfgroup.com and archived for 90 days.

Members of the media are invited to listen in.

Consolidated Statements of Earnings and Comprehensive Income

Periods ended April 30, (In thousands of $, except per-share amounts)	**Three-Month 2009** **$**	Three-Month 2008 $
Revenues	**16,752**	25,159
Cost of goods sold	**11,368**	18,044
Gross margin	**5,384**	7,115
Selling and administrative expenses	**1,304**	1,215
Earnings before undernoted items:	**4,080**	5,900
Amortization		
Property, plant and equipment	**664**	583
Intangible assets	**73**	13
	737	596
Gain (Loss) on foreign exchange	**(561)**	60
	176	656
Earnings before financial charges and income taxes	**3,904**	5,244
Financial charges		
Interest on long-term debt	**60**	126
Interest income	**(159)**	(85)
Other interest	**18**	54
	(81)	95
Earnings before income taxes	**3,985**	5,149
Income taxes		
Current	**168**	168
Future	**1,577**	1,747
	1,745	1,915
Net earnings and comprehensive income	**2,240**	3,234
Basic earnings per share	**0.06**	0.09
Diluted earnings per share	**0.06**	0.09
Average number of outstanding shares (in thousands)	**36,196**	36,106
Average number of outstanding diluted shares (in thousands)	**36,890**	37,309

Consolidated Statements of Retained Earnings (Deficit)

Periods ended April 30, (In thousands of $)	**Three-Month 2009** **$**	Three-Month 2008 $
Retained earnings (deficit), beginning of the period	**1,772**	(75,274)
Net earnings	**2,240**	3,234
Retained earnings (deficit), end of the period	**4,012**	(72,040)

Consolidated Statements of Contributed Surplus

Periods ended April 30, (In thousands of $)	**Three-Month 2009** **$**	Three-Month 2008 $
Contributed surplus, beginning of the period	**2,175**	1,965
Stock-based compensation	**61**	49
Exercise of options and warrants	**(7)**	—
Excess of the book value over the acquisition cost of redeemed subordinate voting shares	**144**	—
Contributed surplus, end of the period	**2,373**	2,014

Consolidated Balance Sheets

(In thousands of $)	At April 30, 2009 $	At January 31, 2009 (Audited) $
ASSETS		
Current		
Cash and cash equivalents	**17,352**	22,490
Short-term Investments	**5,400**	6,000
Accounts receivable	**16,489**	11,165
Holdbacks on contracts	**2,481**	3,462
Work in progress	**1,570**	628
Inventories	**3,248**	3,271
Prepaid expenses	**320**	660
Derivative financial instruments	**125**	—
Future income tax assets	**6,413**	6,666
	53,398	54,342
Holdbacks on long-term contracts	**1,477**	1,129
Property, plant and equipment	**40,086**	40,360
Intangible assets	**2,667**	2,402
Other assets	**185**	185
Future income tax assets	**11,717**	13,444
Investment tax credits	**2,505**	2,505
	112,035	114,367
LIABILITIES		
Current		
Accounts payable	**3,503**	5,170
Accrued charges	**3,339**	4,716
Salaries and fringe benefits payable	**3,396**	3,762
Deferred revenues	**5,928**	4,767
Income taxes	**193**	226
Derivative financial instruments	**—**	1,058
Current portion of long-term debt	**2,935**	3,018
	19,294	22,717
Long-term debt	**5,933**	6,827
Future income tax liabilities	**80**	47
	25,307	29,591
Shareholders' equity		
Retained earnings	**4,012**	1,772
Accumulated other comprehensive income	**144**	144
	4,156	1,916
Capital stock	**80,199**	80,685
Contributed surplus	**2,373**	2,175
	86,728	84,776
	112,035	114,367

Consolidated Statements of Cash Flows

Periods ended April 30, (In thousands of $)	**Three-Month 2009 $**	Three-Month 2008 $
OPERATING ACTIVITIES		
Net earnings	**2,240**	3,234
Adjustments for:		
Amortization of property, plant and equipment	**664**	583
Amortization of intangible assets	**73**	13
Gain on disposal of property, plant and equipment	**—**	(211)
Unrealized gain on derivative financial instruments	**(1,183)**	—
Non-cash exchange loss (gain)	**292**	(30)
Future income taxes	**1,577**	1,747
Interest capitalized on interest-free long-term debt	**5**	5
Stock-based compensation	**61**	49
Net earnings adjusted	**3,729**	5,390
Changes in non-cash operating working capital items		
Accounts receivable	**(5,324)**	(5,224)
Short-term and long-term holdbacks on contracts	**633**	(446)
Work in progress	**(942)**	794
Inventories	**23**	(69)
Income taxes	**(33)**	(40)
Prepaid expenses	**340**	(63)
Accounts payable, accrued charges, salaries and fringe benefits payable	**(3,410)**	1,998
Deferred revenues	**1,161**	560
	(7,552)	(2,490)
Cash flows from operating activities	**(3,823)**	2,900
INVESTING ACTIVITIES		
Disposal of short-term investments	**600**	—
Acquisition of property, plant and equipment	**(390)**	(2,000)
Acquisition of intangible assets	**(338)**	(267)
Cash flows applied to investing activities	**(128)**	(2,267)
FINANCING ACTIVITIES		
Repayment of long-term debt	**(764)**	(407)
Redemption of shares	**(366)**	—
Issuance of subordinate voting shares	**17**	9
Cash flows applied to financing activities	**(1,113)**	(398)
Impact of fluctuations in foreign exchange rate on cash	**(74)**	3
Net cash (outflows) inflows	**(5,138)**	238
Cash and cash equivalents, beginning of the period	**22,490**	7,686
Cash and cash equivalents, end of the period	**17,352**	7,924
Supplemental cash flow information		
Income taxes paid	**204**	162
(Received) interest paid	**(18)**	58
Non-cash financing and investing activities:		
Property, plant and equipment given in exchange for new equipment	**—**	737

SEGMENTED INFORMATION

The Corporation operates in the non-residential construction sector, primarily in the United States and Canada. Its operations include the connections design and engineering, fabrication and selective installation of complex steel structures, heavy built-ups as well as miscellaneous and architectural metal work.

	Revenues Three-month periods ended April 30,		**Property, Plant and Equipment**	
	2009	2008	**At April 30, 2009**	At January 31, 2009 (audited)
	$	$	**$**	$
Canada	**3,941**	873	**39,890**	40,148
United States	**12,811**	24,286	**196**	212
	16,752	25,159	**40,086**	40,360

During the three-month periods ended April 30, 2009, 93% of the Corporation's revenues were recorded with five clients (77% with three clients during the three-month periods ended April 30, 2008), each of which accounted for more than 10% of revenues.